



Together

Rotary Club of Cochin Global



NEW OFFICE BEARERS 2021 - 22

ROTARY CLUB OF COCHIN GLOBAL

Secretary



Rtn. Kala Ravishankar

President



Rtn. PHF Asha Sunil

Treasurer



Rtn. Anitha Vinoo

OFFICE BEARERS



Rtn. Dr Parasuram Gopinath
IPP



Rtn. Dr. Jacob Abraham
President Elect



Rtn. Einoop Paul
Vice President



Radhika Prasad Kartha
Sergeant at Arms



Ragam Jacob
Joint Secretary &
Internet Communication Officer



Sajitha Sebastian
Chair Club Administration



Deepthy Binoop
Chair Services



Meevu Batra Parasuram
Chair Rotary
Foundation



Sheryl Rejimon
Chair Membership
Development



Doopa George
Chair Public Image &
Bulletin Editor



Rosy Shibu
Director District Priorities
(Lovely Planet)



Neeta Abraham
Director Rotary
Community Corps



Ann George
Director Strategic Planning



Mary Paul
Director Fellowship



Nitha Thambi
Director Sakanya
Yojana Project

ADVISERS



Jennifer Augustine



Roslyn Kuriyippe



Rosy Davis

MEMBERS OF THE CLUB



Rtn. Abraham George



Rtn. Abraham KP



Rtn. Aiy Elie



Rtn. Alex Mathew



Rtn. Cap. Alexander



Rtn. Benny P J



Rtn. Binu T Paul



Rtn. Dale P Kurian



Rtn. Davi Mangali



Rtn. Eldho Rajan



Rtn. Fanshagar Ankesaria



Rtn. E.P.George



Rtn. George Mathew



Rtn. George Thomas



Rtn. Gopakumar L



Rtn. Jayshankar K



Rtn. Dr. A A John



Rtn. Dr. I J John



Rtn. Dr. John T. John



Rtn. Dr. Jose Chacko



Rtn. Joseph KK



Rtn. Joseph PJ



Rtn. Joseph Vayalal



Rtn. Dr. Kuriyipe



Rtn. Dr. Manoj Changanath



Rtn. Mathew George



Rtn. Dr. Mathew Philip



Rtn. Mathew Tharakan



Rtn. Neethu Noby



Rtn. Nelson K Parvathy



Rtn. Noby EA



Rtn. Paul Alaka



Rtn. Dr. P.G. Paul



Rtn. Paul Rajan Mampilly



Rtn. Paulose TV



Rtn. Adc. Peeyus Iottam



Rtn. Peter Pittapillil



Rtn. Prabhakaran Nair



Rtn. Pradeep Pachikara



Rtn. Prasad Kartha



Rtn. Raja Sethunath



Rtn. Rajan TM



Rtn. Raju Cyril



Rtn. I V Raja



Rtn. Raja Kaanampuzha



Rtn. Ranjini Haridas



Rtn. Ranjini Jose



Rtn. Ravishankar TN



Rtn. Begimon P Alex



Rtn. Dr. Raji Paul



Rtn. Dr. Rosy Mathew



Rtn. Rupak Francis Parakkal



Rtn. Saji Jose



Rtn. Dr. Sajith



Rtn. Saran Kumar



Rtn. Sebastie Joseph



Rtn. Shibu Philip



Rtn. Srakumar S



Rtn. Smitha Aiy



Rtn. Soopya Rapak



Rtn. Sreekumar Menon



Rtn. Dr. Sujith Jose



Rtn. Dr. Sumitha V Nandan



Rtn. Sunil C P



Rtn. O G Sunil



Rtn. Dr. Thampi Mathew



Rtn. K T Thomas



Rtn. Dr. Thomas Mathew



Rtn. Dr. Thomas Paul



Rtn. Thomas Thomas



Rtn. Thomas T Luciose



Rtn. Dr. Thomas Varghese



Rtn. K.D. Varghese



Rtn. Varghese Varghese



Rtn. Visoo Kurrian Devasa



Rtn. Vishwanathan Arangath





Rtn. PHF Asha Sunil
President, Rotary Cochin Global 2021-22

Namaskaram!

The much-awaited Governor's Official Visit to our club, Rotary Club of Cochin Global is on 11th of March, 2022. The club Editor and Director- Public Image, Deepa George has been gung-ho to bring out the club bulletin – TOGETHER, to be released by District Governor Rajasekhar Srinivas, which will showcase our club's eight-month long activities in these challenging times of Covid and its variants playing peek a boo!!

Heartfelt congratulations to IPP, Dr Parasuram Gopinath and his team on a successful completion of the Rotary Year 2020-21 and taking the club to greater heights by doing yeomen service in the worst times of the Covid challenge.

MERAKI, a Greek word means doing something with soul, creativity or love was my personal yearlong theme. I had decided not to rush into quantity but focus on quality of projects that I had a calling for and enjoyed creating the magic.

The biggest achievement, as the 18th and 1st Lady President with an All Women Board was the feeling of an absolute acceptance and the support from a team of Officers, Directors and lastly by the members in total. This, I am sure will pave

way to many lady leaders donning the President's collar in the years to come.

As a daughter and a mother of two daughters, my area of focus was on women and children through Jeramiah's Home for the destitute women, empowering girl children through Project Sukanya, Secret Santa -Make A Wish Project -for the children in palliative care and 2 housing projects, where, daughters had a home of their own before reaching puberty.

A celebratory dinner at the GOV hopefully is only a beginning to many more fellowships. A medical camp at a tribal village in Kuttampuzha, Kothamangalam had to be postponed due to the emergence of Omicron, will be taken up. " Dine In The Dark", a subscribed dinner for the community service worker who became blind as an infant due to oxygen toxicity, Tiffany Brar a President's awardee had to be also postponed.

On 6th of March 2022, 5 delegates from our club and I had the opportunity on an invitation from the MP himself to take part in the distribution of Ilakh Menstrual Cups Kick Off Campaign by MP Hibi Eden in the Ernakulam constituency. We are planning to adopt a panchayat for creating awareness and distribution of M Cups thereby, applying one of the verticals on Lovely Planet envisioned by our DG Rajasekhar Srinivas. I am hopeful with the blessings of the Almighty and the 2 departed souls of our club, Dr Sajith N and Dr Thomas Paul my members will stand by me to accomplish these projects before the baton is passed to the President Elect, Dr Jacob Abraham to "Serve to Change Lives"

Yours in Rotary

Asha Sunil



S. Rajasekhar
District Governor 2021-22, R I District 3201

My Dear Change Maker President **Rtn. Asha Sunil**,

Warm Rotary Greetings !

My hearty congratulations to you and your fabulous team of your prestigious club, Rotary Club of Cochin Global for completing 6 months of service, during my tenure of leading our District. I believe you and your teams are doing various projects towards RI Priorities and Our district Priority – “Our Lovely Planet”

Rotary is perhaps the only organization where you would find a change in leadership every year. To be the President of a Rotary Club is a very significant period in your career. It gives you an opportunity to prove your talent, ability to take decisions, and capacity to work as a team leader. Your elevation to this position is the result of your sincere efforts as a Rotarian as also the esteem in which you are held by your fellow members.

Apart from different need based service projects of our community, Rotary gives us an opportunity to serve for world understanding and peace through local, national and International humanitarian, educational and cultural programs.

Let us be inspired by the words of our RI President Elect Rtn. Shekhar Mehta who says “Rotary kindled the spark within me to look beyond myself and embrace humanity. Service became a way of life for me and I, like many others, adopted the guiding philosophy that Service is the rent I pay for the space I occupy on this earth, and I want to be a good tenant of this earth.”

I am very much impressed by your excellent leadership in guiding your club to excel in all avenues of service towards the success of our District Priority – “OUR LOVELY PLANET” with particular attention to Projects in Earth, Water and People. I am also very confident that Rotary Club of Cochin Global will be a significant contributor towards achieving our goals for the year as envisaged in “SEVEN WONDERS OF ROTARY”.

I wish you and your team all success. Let us together “Serve to Change lives”

Sincerely

Yours in Rotary

Rtn. Rajasekhar Srinivasan.



Premlal JP
Asst. Governor, 2021-22, R I District 3201

Warm Greetings!

Rotary is humanity in motion and Rotarians are people of action. Together the Wheel turns on and on serving to change lives forever.

Rotarians all over the world are in service to make the world a better place keeping their focus on the seven areas of service and the environment, helping the communities around them by providing, clean water, homes to the homeless, eyesight to the blind, artificial limbs to the amputees, heart surgeries for the under

privileged, modern medical equipment's to the Government Hospitals, cure for treatment of diseases like Cancer, saving mothers and children, supporting education, promoting peace and protecting the environment. These are delivered as projects, tools, awareness creation or just by volunteering for a cause like Polio/Corona inoculation, vaccination or eradication.

Rotary Cochin Global being a prime club has always been in the forefront of all these activities and this year they have prioritized their services towards the empowerment of women, especially the girl child. The services rendered and the milestones achieved by the club should reach all the members and their families, the public at large and the sister clubs in the district, country and international and this is possible by the timely bulletins and news.

I congratulate Rtn Asha Sunil, Rtn Kala Ravishanker and the all women board as well as the Rotary Club of Cochin Global for keeping up with the true spirit of Rotary and for releasing their bulletin for this year aptly named 'Together'.

I wish them all success in their service for humanity and best wishes for completing their Rotary year in style.

Yours in Rotary
Rtn Premlal JP



Varghese K. Joy
District Director, 2021-22, R I District 3201

I bring in the greetings to this great club on this very special day of the District Governor's official visit to the club.

Like a bright student who has scored 100 out of 100 waiting for the progress report to be received to show to the proud parents, this illustrious club with wonderful track record of excellent and exemplary projects is waiting to be recognised by the district administration and I join the happiness of the President Rtn. Asha Sunil and proud members.

Rotary Cochin Global has been a forerunner for many a clubs in perceiving, designing and implementing

projects which touches many a hearts. All the projects have been completed with a special Midas's touch. I am proud that the club is led by a lady Presidentt who is highly talented and motivated successfully competing with equally talented eleven lady Presidentts across the district.

Projects like Sukanya needs a very special mention here. This project was designed in response to the clarion call of our dear RI Presidentt Shekhar Mehta to empower girl children. What a marvellous project with an outlay of Rs. 2.7 crores helping 100+ helpless girl children, giving them a ray of hope to face the future with confidence. All other projects of the club are unique and exemplary.

It will be another proud moment for the club when President Rtn. Asha Sunil will be taking over as the District Chairman of the Inner Wheel clubs in our district in 2022-23, to lead 43 Inner Wheel clubs which are part of world's largest women's voluntary non-government organisation spread across 104 countries across the world.

I am sure and confident that the club will carve its unique position in the Rotary map as the one which has empathetically responded to the needs of the society, especially the neglected and the under privileged.

I wish all the very best in all your endeavours.

Yours in Rotary
Rtn. Varghese K. Joy



Shanthi Rajasekhar
First Lady 2021-22, R I District 3201

To all Cochin Globalites,

Warm Greetings!

As the First Lady of this District, I take pride and pleasure in Congratulating the First Lady President of this prestigious club and my good friend, Rtn. Asha Sunil, Secretary Rtn. Kala Ravishankar and the All Women Board team for their incredible work done in the last 8 months. Kudos Ladies and a big Cheers to all of you!!

The projects done are all remarkably unique. The project which impressed me most was the "PROJECT SUKANYA " wherein an amount is deposited in the name of a girl child and she gets benefited at the age of 18, with which she can continue her education. What a novel thought indeed!! One of the priorities of our RI President Shekar Mehta's is empowering girl child, and this project aptly serves the idea behind it. Though I was not able to be part of the inauguration of this project, this project is always close to my heart. Hearty congratulations Project Sukanya Chair, Rtn Nitha Thampi on reaching 75 sponsors for 75 beneficiaries already.

As Mother Teresa quotes " Peace begins with a smile", I'm sure President Asha with her beautiful smile will bring peace to many. May this All Women Team be blessed abundantly for all the incredible work they are doing!

Yours in Rotary

Shanthi Rajasekhar



Rtn. Deepa George
Club Editor

Greetings to my Rotary Family,

It's a great privilege to have been chosen as the Editor of Rotary Cochin Global this historic year in which we have a president and cabinet comprising solely of women. It is truly an honour to be a part of this group of proficient and accomplished women.

Keeping in line with recent events, the theme of this year's Rotary is 'SERVE TO CHANGE LIVES.' Pioneered by Rotary International President Shekar Mehta, the theme urges members to become more involved in service projects, and lending a helping hand to those in need, especially in such tumultuous times. Not only is caring for others a way of changing lives and leaving the world better off, but also a way to transform your own lives.

Every year, the Club presidents have come up with a motto for their year in office. There have been many great ones throughout the years, and this year's theme by Rtn PHF Asha Sunil, the 18th and the first Lady President of Rotary Club of Cochin Global is no different.

She chose the beautiful Greek expression of 'Meraki' which means "To do something with soul, creativity, and love by leaving a part of yourself in your work."

The selfless service that our movement has accomplished has brought about much light into the lives of those around us. Let us all keep striving towards greater heights, keeping in mind the fascinating theme of Meraki. If we continue to work putting love and soul into everything we do, we're sure to do wonders.

I want to express my deepest gratitude to all of you for contributing towards this issue and putting your faith in me. Your endless support makes the name of the bulletin "Together" ring ever more true. Our combined strength and resilience is truly unbreakable.

I also want to specially thank the club secretary Kala for her help in sourcing and sharing the pictures and details of all the events. Once again, I want to thank all those that have contributed in making this bulletin even more colourful.

Happy reading!

Deepa George

Installation Ceremony of Rotary Club of Cochin Global



The Installation ceremony of **Rotary Club of Cochin Global** was conducted on 24th of July 2021 at Purity Resort, Muhamma. The 18th and First Lady President Rtn. Asha Sunil and her team of office bearers took charge.

AG Rtn. J P Premlal inducted 9 lady Rotarians. District Director **Rtn. Varghese Joy** and **GGR Rtn. Tony Manuel** felicitated the team.

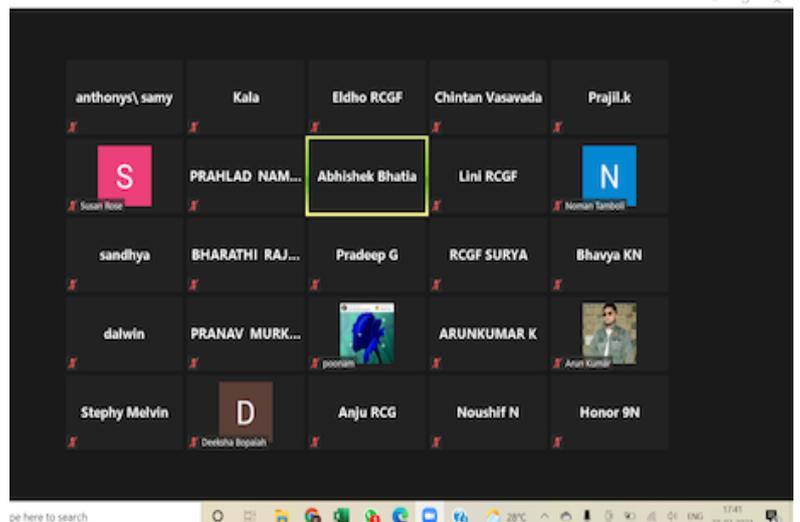




VOCATIONAL SERVICE

RCGF SURYA is a vocational service of Rotary Club of Cochin Global and is an ongoing project where in advanced and fundamental computer training is given for visually challenged students. Due to the pandemic the classes have all been online and so we have students attending courses from all over India. Training is done by our own trainers.

Valedictory function of 22nd batch of RCGF SURYA providing advanced and fundamental computer training for visually challenged students. The online function was attended by Rtn. Kala Ravishankar, Secretary & Rtn. Anitha Vinoo, Treasurer. Both felicitated the outgoing students. There were variety entertainment program by the students.



DOCTORS DAY AND CHARTERED ACCOUNTANT DAY

Rotary Club of Cochin Global Reminent and specialist President Rtn. Asha Sunil Doctor members of the as a token of respect for the exemplary them for the society. carnations and a gift each Doctor. July 1st Accountants day. Sunil also visited Rtn. our member and honour him.

is privileged to have a panel of Doctors as members. personally visited 19 Club at their homes and appreciation works done by She presented red box of goodies to is also Chartered President Rtn. Asha Thomson Thomas Auditor of the club to



Salute the Silver - A visit to the Home for Destitute on International Senior Citizens Day

Visit to the Home for Destitute, Thevara on International Senior Citizens Day and Onam on Thursday, the 19th of August 2021. President Rtn. Asha Sunil, Secretary, Rtn. Kala Ravishankar & Club Services Chair Rtn. Deepthy Binoop distributed 2 Bedsheets each with Pillowcase, Mundu, Nighties & Towel for the 43 inmates of the Home. Also donated 500 adult diapers and 500 under pads for the bedridden inmates. Donated Rs.5000/- worth vegetables for the Onam Sadya sourced from RC Milan.



INTERNATIONAL LITERACY DAY- Donation of Smart Phones by ROTARY CLUB OF COCHIN GLOBAL

To mark the World Literacy Day on September 8th, 2021, Rotary Club of Cochin Global and Inner Wheel Club of Cochin Global, handed over 35 Smartphones to the needy students of GHSS Edathala, Aluva. The programme was held at 11am in the school premises. Aluva MLA Anwar Sadath inaugurated the project. Assistant Governor Rtn. J P Premlal, Secretary Rtn. Kala Ravishankar, Rtn Prasad Kartha rendered felicitations.



INTERNATIONAL LITERACY DAY

WORLD HEART DAY

Rotary Club of Cochin Global organised a session on the World Heart Day on September 29th 2021. The Topic was 'How to connect with your Heart and Why ?' Speaker was Dr Joe Joseph, Consultant Cardiologist,

Lisie Hospital & Trustee, Heart Care Foundation Moderator was our own member Padmashree Rtn Dr Jose Chacko Periappuram, Chairman, Heart Care Foundation at 8pm. It was a very informative session especially on the ongoing effects of pandemic of heart patients.



On the occasion of International day for the Girl Child, and under the RI President Shekar Mehta's initiative of Empowering the Girl Child, the unveiling of Project Sukanya was gracefully done By Princess Gauri Lakshmi Bai, member of the Travancore Royal Family. The event was attended by President Rtn. Asha Sunil, AG Rtn. J P Premlal, Project Chair Rtn. Nitha Thampi, Project Co-chair Rtn. Ann George,

Unveiling of Project Sukanya

Trivandrum Circle Postal Head Mrs. Sheeba Harris and Dr. Shashikala Venugopal of Inner Wheel Cochin West. The Princess handed over the passbook to a 4 year old girl child Diya Ranjith who was selected as one of the 100 beneficiaries projected for the scheme. The Princess also gave a generous contribution towards the project. AG Rtn. J P Premlal handed over a cheque for sponsoring one girl child to President Rtn. Asha Sunil.



Inauguration of Project Sukanya and cheque handover by District Governor to the post office

District Governor inaugurated the project Sukanya which aims at sponsoring 100 underprivileged girl children through the Government of India Project Sukanya Samridhi Yojana. DD Rtn Varghese K Joy, AGs Vice Admiral Suthan, Narayanan Krishna Menon, Narendrakumar, Suresh K Nair, Subramanian Sitaraman, Lakshmi Menon, Vinu Joseph, GGR Tony Manuel graced the occasion. 11 beneficiaries were presented with post office passbooks by starting the account for sponsorship



Based on International Rotary President Shekar Mehta's goal for 2021-22, Empowering Girl Child, Rotary Club of Cochin Global's President Asha Sunil and Project Chair, Nitha Thampi in the presence of Rotary Governor of District 3201, Rajashekhar Sreenivas is handing a cheque of Rs. 13,66,250/- to Post Master General Mrs Mariama Thomas. The Project Sukanya is initiated for sponsoring and starting postal saving account under Sukanya Samridhi Yojana for 100 needy girl children under 4 years of age.



Ashrayam - A home for bedridden destitute women.

Rotary Club of Cochin Global is supporting Jeremiah's Home & Betroni Palliative Care Centre Charitable Trust to furnish the second floor of their building that can accommodate 20 destitute bedridden female patients who are suffering mentally & physically. Our club is providing Patient's cots and mattresses, stretcher on trolley, side lockers, Cardit tables, safety glass doors with aluminum frames and entrance doors, Household items etc, Portable Honda Generator. The cheques were handed over to Mr.Peter Joseph, Chairman of the Trust on 21st of October, 2021 by President Rtn. Asha Sunil. Secretary Rtn. Kala Ravishankar, Board members, Rtn. Ann George and Rtn. Nitha Thampi were also present.

Our total donation towards this project is 5 lakhs and this project was inaugurated by District Governor on 11th of March, 2022 on Governor's official visit to the club.



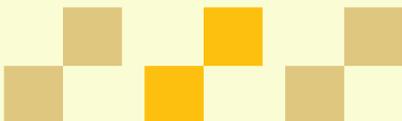
Face shield to Kalamassery Medical College

President Rtn. Asha Sunil and Secretary Rtn. Kala Ravishankar donated 65 face shields to Kalamassery medical college. Dr. Kala, Principal, accepted the shields on behalf of the college. DD Rtn. Varghese Joy, AG Rtn. J P Premlal, AG Rtn. Narendrakumar, TRF chair Rtn. Jayashankar, Rtn. Algiers Khalid were present.



Family get together

Amidst the pandemic, we were able to keep a physical meeting and gathering at Marriot, Kochi on 10th October 2021. It was a fun filled evening with games, gala dinner and a lot of fun.



Carol singing & Xmas tree decoration

Rotary Club of Cochin Global participated in Xmas Carol singing and Xmas Tree decoration Contest organised by Rotary Club of Cochin City. Our Club got the first prize for Xmas tree decoration.



Speaker Meeting

Commodore VSM Anil Jose Joseph Nediamparambil was the speaker for the evening. Commodore Anil gave a deep insight into the world of Indian Navy. It was a very interesting session where the members and the speaker interacted very well.



Rotary   SERVE TO CHANGE LIVES

Speaker Meeting



Guest Speaker:
Commodore
VSM Anil Jose Joseph N.
(now retired)

Venue:
Holiday Inn
Pamba Hall, 1st Floor

Date: 17.12.2021 (Today)

Time: 8.00 pm

Kindly be seated by 7.45 pm

Rtn. Asha Sunil  Rtn. Kala Ravishankar  Rtn. Anitha Vinoo 

  ROTARY CLUB OF COCHIN GLOBAL
EDDOL, THIRUPA, PETA



Rotary means Friendship

A joint meeting hosted with Rotary Club of Cochin Titans and Rotary Club of Cochin Beachside. Flags were exchanged with the two clubs. The RC of Calcutta is the mother club to all clubs in India. Our Club sponsored the memento to the chief guest.



Secret Santa - Make a wish

Very needy deserving children under 10 years of age were chosen through the Palliative Care Department, GH and asked what they would like as a small gift. 30 children and their parents requested for soft toys, toys that made a sound, colouring materials, dresses, quick dry sheets, table fan, table with chair etc. Their conditions varied from Mental Retardation, Cerebral Palsy, West Syndrome, and Encephalitis. The mother of a 7 year old mentally retarded child who requested for a table with chair received the same from President Asha Sunil and Secretary Kala Ravishankar at the General Hospital, Ernakulam. Chair person Sukanya Project, Nitha Thampi, and Board member Mary Paul and Asha Sunil sourced these gifts.



Housing project at Chellanam

Rotary Club of Cochin Global is doing two housing projects under MP Rhibi Eden's Thanal project. One house is for a family of Husband, wife and 3 small girl children who don't have proper toilet or secure rooms will be done completely by Cochin Global. The second house is for a recovering cancer patient and her daughter done jointly with Rotary Club of Cochin Beachside.

തണൽ ഭവന പദ്ധതിയിൽ മൂന്നു വീടുകൾക്കുകൂടി തറക്കല്ലിടും

പള്ളുരുത്തി: ഹൈബി ഈഡൻ എംപിയുടെ തണൽ ഭവന പദ്ധതിയുടെ ഭാഗമായി ചെല്ലാനം ഗ്രാമപഞ്ചായത്തിൽ മൂന്നു വീടുകൾക്കുകൂടി തറക്കല്ലിടും. ആസ്റ്റർ ഡി എം ഫൗണ്ടേഷന്റെ ആസ്റ്റർ ഹോംസ് പദ്ധതിയാണ് മൂന്ന് വീടുകൾക്കും വേണ്ട പകുതി തുക അനുവദിച്ചിരിക്കുന്നത്. ബാക്കി പകുതി റോട്ടറി ക്ലബ് ഓഫ് കൊച്ചിൻ ഗ്ലോബൽ, റോട്ടറി ക്ലബ് ഓഫ് കൊച്ചിൻ ബീച്ച് സൈഡ്, കേരള ടെക്സ്റ്റൈൽസ് ആൻഡ് ഗാർമന്റ്സ് ഡിലേഴ്സ് വെൽഫെയർ അസോസിയേഷൻ എന്നിവരാണ് അനുവദിച്ചിരിക്കുന്നത്. എറണാകുളം ഫർലമെന്റ് മണ്ഡലത്തിൽ ഇതോടെ തണൽ ഭവന പദ്ധതി പ്രകാരം 86 വീടുകളായി.

ചെല്ലാനം ഗ്രാമ പഞ്ചായത്ത് 8, 18, 19 വാർഡുകളിലാണ് വീടുകൾ നിർമ്മിച്ചു നൽകിയത്. കാൻസർ രോഗിയായ വീട്ടമ്മയുടെ വീടും മൂന്നു പെൺകുട്ടികളുള്ള വീടും ഇതിൽപ്പെടും. ഏതെങ്കിലും പ്രത്യേക സാഹചര്യങ്ങൾ ഉള്ള കുടുംബങ്ങൾക്കാണ് തണൽ ഭവന പദ്ധതിയിൽ മുൻഗണന കൊടുക്കുന്നതെന്ന് ഹൈബി ഈഡൻ എംപി പറഞ്ഞു.



ഹൈബി ഈഡൻ എംപിയുടെ തണൽ ഭവന പദ്ധതിയുടെ ഭാഗമായി ചെല്ലാനം ഗ്രാമപഞ്ചായത്തിൽ നിർമ്മിക്കുന്ന വീടിന് ഹൈബി ഈഡൻ, ആശ സുനൽ, ഷിയാസ് കെ. ഹാഷിം എന്നിവർ ചേർന്ന് തറക്കല്ലിടുന്നു.

ചടങ്ങിൽ ആസ്റ്റർ ഡിഎം ഫൗണ്ടേഷൻ സീനിയർ മാനേജർ ലത്തീഫ് കാസിം, റോട്ടറി ക്ലബ് ഓഫ് കൊച്ചിൻ ഗ്ലോബൽ പ്രസിഡന്റ് ആശ സുനിൽ, സെക്രട്ടറി കലരവിശങ്കർ, ഇ.പി. ജോർജ്ജ്, ജെ. പി. പ്രേംലാൽ, ഷിയാസ് കെ. ഹാഷിം, റ എ.ജി. നരേന്ദ്രൻ, വേണുഗോപാൽ, സാജൻ, നവാബ് ജാൻ, എം.എൻ. ബാബു, ടാക്കർ ദാസ്, ചെല്ലാനം പഞ്ചായത്ത് പ്രസിഡന്റ് കെ.എൽ. ജോസഫ് വൈസ് പ്രസിഡന്റ് അനില സെബാസ്റ്റ്യൻ, കെ.ഡി. പ്രസാദ്, സന്ധ്യ ജോഷി, ടോണി ചമ്മിണി ഷാജി കുറുപ്പുശേരി, തോമസ് ഗ്രഗറി, ജോഷി തുടങ്ങിയവർ പങ്കെടുത്തു.



തണൽ ഭവന പദ്ധതി 3 വീടുകൾക്ക് തറക്കല്ലിടും

ചെല്ലാനം • ഹൈബി ഈഡൻ എം.പിയുടെ തണൽ ഭവന പദ്ധതിയുടെ ഭാഗമായി ചെല്ലാനത്തു 3 വീടുകൾക്ക് കൂടി തറക്കല്ലിടും. ആസ്റ്റർ ഡി.എം. ഫൗണ്ടേഷന്റെ ആസ്റ്റർ ഹോം പദ്ധതിയിലൂടെ മൂന്ന് വീടുകളുടെ നിർമ്മാണത്തിന് വേണ്ട പകുതി തുക ലഭ്യമാക്കി. ബാക്കി തുക റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ഗ്ലോബൽ, റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ബീച്ച് സൈഡ്, കേരള ടെക്സ്റ്റൈൽസ് ആൻഡ് ഗാർമെന്റ്സ് ഡിലേഴ്സ് വെൽഫെയർ അസോസിയേഷൻ എന്നിവരും നൽകി. എറണാകുളം മണ്ഡലത്തിൽ തണൽ ഭവന പദ്ധതി പ്രകാരം ഇതോടെ 86 വീടുകളായി. ടൗട്ടെ ചുഴലിക്കാറ്റിന് ശേഷം റീബിൽഡ് ചെയ്ത ചെല്ലാനം എന്ന പേരിൽ ആരംഭിച്ച പദ്ധതി വഴി ഇപ്പോൾ 10 വീടുകളാണ് നിർമ്മിക്കുന്നത്. ഹൈബി ഈഡൻ എം.പി തറക്കല്ലിടൽ ചടങ്ങ് നിർവഹിച്ചു. ആസ്റ്റർ ഡി.എം. ഫൗണ്ടേഷൻ സീനിയർ മാനേജർ ലത്തീഫ് കാസിം, റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊ

ച്ചിൻ ഗ്ലോബൽ പ്രസിഡന്റ് ആശ സുനിൽ, സെക്രട്ടറി കല രവിശങ്കർ, ഇ.പി.ജോർജ്ജ്, റോട്ടറി അസി. ഗവർണർ ജെ.പി.പ്രേംലാൽ, റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ബീച്ച് സൈഡ് പ്രസിഡന്റ് ഷിയാസ് കെ.ഹാഷിം, റോട്ടറി ഭാരവാഹികളായ എ.ജി.നരേന്ദ്രൻ, വേണു ഗോപാൽ, സാജൻ, കേരള ടെക്സ്റ്റൈൽസ് ആൻഡ് ഗാർമെന്റ്സ് ഡിലേഴ്സ് വെൽഫെയർ അസോസിയേഷൻ സംസ്ഥാന ഓർഗനൈസിങ് സെക്രട്ടറി നവാബ് ജാൻ, സംസ്ഥാന ട്രഷറർ എം.എൻ ബാബു, ജില്ലാ കമ്മിറ്റി അംഗം ടാക്കൂർ ദാസ്, പഞ്ചായത്ത് പ്രസിഡന്റ് കെ.എൽ.ജോസഫ്, വൈസ് പ്രസിഡന്റ് അനില സെബാസ്റ്റ്യൻ, പഞ്ചായത്ത് മുൻ പ്രസിഡന്റ് കെ.ഡി പ്രസാദ്, ബ്ലോക്ക് പഞ്ചായത്ത് അംഗം സിന്ധു ജോഷി, കോൺഗ്രസ് നേതാക്കളായ ടോണി ചമ്മണി, ഷാജി കുറുപ്പശ്ശേരി, കോൺഗ്രസ് മണ്ഡലം പ്രസിഡന്റുമാരായ തോമസ് ഗ്രീഗറി, ജോഷി ആന്റണി എന്നിവർ പ്രസംഗിച്ചു.

പന്തൽ കാൽനട്ട് കർമ്മം

അരൂർ • അരുക്കുറ്റി പാദുവാപുരം സെന്റ് ആന്റണീസ് പള്ളിയിൽ വിശുദ്ധ അന്തോണീസിന്റെ 100-ാം മത് തിരുനാളിനു മുന്നോടിയായിട്ടുള്ള പന്തലിന്റെ കാൽനട്ടു കർമ്മം മന്ത്രി പി. പ്രസാദ് നിർവഹിച്ചു. ദലീമ ജോ

ജോ എന്തെൽഎ ,വികാരി ഫാ. ആന്റണി കുഴുവേലിൽ, ജോസ് കുരിശിക്കൽ, ഫാ. അനീഷ് ബാവക്കാട്ട്, ഫാ. റിൻസൻ കാളിയത്ത്, ബെന്നി നട്ടാശേരി, രാജേഷ് പിറ്റർ എന്നിവർ പങ്കെടുത്തു.



എം.പി.യുടെ 'തണൽ' പദ്ധതി മൂന്ന് വീടുകൾക്ക് തറക്കല്ലിടും

തോപ്പുംപടി • ഹൈബി ഈഡൻ എം.പിയുടെ നേതൃത്വത്തിൽ നടപ്പാക്കുന്ന 'തണൽ' ഭവന പദ്ധതിയുടെ ഭാഗമായി ചെല്ലാനം പഞ്ചായത്തിൽ മൂന്ന് വീടുകൾക്ക് കൂടി തറക്കല്ലിടും. ആസ്റ്റർ ഡി.എം. ഫൗണ്ടേഷന്റെ ഭവന പദ്ധതി പ്രകാരമാണ് മൂന്ന് വീടുകൾക്കും പകുതി തുക അനുവദിച്ചിരിക്കുന്നത്. റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ഗ്ലോബൽ, റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ബീച്ച് സൈഡ്, കേരള ടെക്സ്റ്റൈൽസ് ആൻഡ് ഗാർമെന്റ്സ് ഡിലേഴ്സ് വെൽഫെയർ അസോസിയേഷൻ എന്നിവരും പദ്ധതിയുമായി സഹകരിക്കുന്നുണ്ട്. എറണാകുളം പാർലമെന്റ് മണ്ഡലത്തിൽ ഇതോടെ 86 വീടുകൾ പൂർത്തിയാകുമെന്ന് ഹൈബി ഈഡൻ പറഞ്ഞു. ആസ്റ്റർ ഡി.എം. ഫൗണ്ടേഷൻ



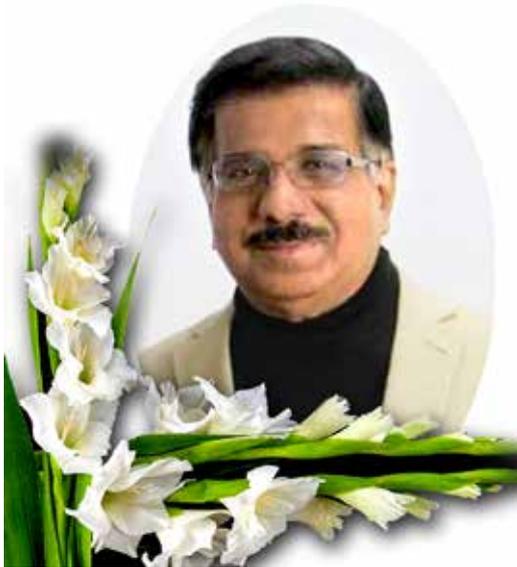
• 'തണൽ' പദ്ധതി പ്രകാരം ചെല്ലാനത്ത് നിർമ്മിക്കുന്ന വീടിന് ഹൈബി ഈഡൻ എം.പി. തറക്കല്ലിടുന്നു

സീനിയർ മാനേജർ ലത്തീഫ് കാസിം, റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ഗ്ലോബൽ പ്രസിഡന്റ് ആശ സുനിൽ, സെക്രട്ടറി കല രവിശങ്കർ, ഇ.പി. ജോർജ്ജ്, ജെ.പി. പ്രേംലാൽ, റോട്ടറി ക്ലബ്ബ് ഓഫ് കൊച്ചിൻ ബീച്ച് സൈഡ് പ്രസിഡന്റ് ഷിയാസ് കെ.ഹാഷിം, എ.ജി. നരേന്ദ്രൻ, വേണുഗോപാൽ, സാജൻ, കേരള ടെക്സ്റ്റൈൽസ് ആൻഡ് ഗാർമെന്റ്സ് ഡിലേഴ്സ് വെൽഫെയർ അസോസിയേഷൻ സംസ്ഥാന ഓർഗനൈസിങ് സെക്രട്ടറി നവാബ് ജാൻ, എം.എൻ. ബാബു, ടാക്കൂർ ദാസ്, ചെല്ലാനം പഞ്ചായത്ത് പ്രസിഡന്റ് കെ.എൽ. ജോസഫ്, അനില സെബാസ്റ്റ്യൻ, കെ.ഡി. പ്രസാദ്, സിന്ധു ജോഷി, ടോണി ചമ്മണി, ഷാജി കുറുപ്പശ്ശേരി തുടങ്ങിയവർ പങ്കെടുത്തു.

Inter Club Meeting

Rotary Club of Cochin Global hosted the **Team Huddle - Meet & Greet** program of incoming leaders of Cochin Zone at IMA House. Our own club member RTn. Noby E A accepted the role as the District Director for the year 2022-23. Rtn. Gopakumar was chosen as the Trainer for the incoming AGs.





Have a great journey up there brother...i am sure we will meet up again... in your time.

I joined RC Cochin Global in 2005-06 under the presidentship of dr A A John. We were around 45 members then. Among all the great personalities that reflected the charisma of Cochin Global, one man stood apart. He was tall, smart and commanded respect. On closer acquaintance, I realised he was such a down to earth human being. He always waited

for his turn to speak when most of us had zero patience to listen and more interested in being heard by being loud.

In 2009-10, when it was the turn of Dr. Thomas paul to become the president, he offered me the post of the club secretary. I was delighted, felt honoured and accepted. I was not only stepping into a coveted post, I also got the opportunity to work close with a man I had admired. Gradually, I realised my feelings towards him changed from just a friend to a big brother that I respected and was lucky enough to have as a friend too. Later on, over the years, we would meet up after work and had great conversations over a drink.

Travelling and reading were his passion. He always kept himself abreast in his field of profession. I was fortunate to travel with him on many occasions. I recollect sadly now, that I had asked him if he wished to accompany me to China... that must have been 5 years ago while construction of my house was in progress... and he readily said with a smile... "of course!!". One morning, he had tripped on a chair and had a fall and hurt his ribs so badly, that he couldn't even bend down to put on his shoes. It was difficult for him to get up from his bed and i would always be by his side. He didn't want to bother me and kept saying he just needed some rest and asked me to continue with my work.

I have often wondered my relationship with Dr. Thomas Paul... it just cannot be described in a sentence. He became my family doctor and my wife and children remembers him very fondly. I had the privilege of calling him at any time of the day or night...even at 2 a.m for a hangover fixer!! He was a family doctor to many families and he was loved and respected by his people in angamaly. He was known among rotarians for his services in rotary and for his mamography services at madonna hospital. He had a major contribution in shaping the surya project.

The ancient greek philosopher Epictetus said, "There is only one way to happiness and that is to cease worrying about things which are beyond the power of our will." Dr Thomas lived this quote and i wish to embrace it too.

Rtn. E A Noby





A TRIBUTE TO A TRUE ROTARIAN...

It is with a heavy heart and profound sorrow that I recollect the sad and untimely demise of our dear friend, the former Secretary of Rotary Club of Cochin Global, Dr. N. Sajith. Venturing to write a befitting tribute to a great friend with whom I was very closely associated with is a formidable task. Some people come and go from our heart, some stay for some time, but some will never leave us. In fact, they stay forever in our hearts. I am sure, for all the members of Rotary Club of Cochin Global, the memory of Dr. Sajith will always stay with us as long as we are alive.

I, as President of the Rotary Club of Cochin Global had the good fortune of having Dr. Sajith as Secretary. Our relationship was both supplementary and complimentary to each other and to the Club. He always worked with his heart and I always worked with my head and I realized that heart is always stronger than the head. Even during the last stages of his life fighting with his disease, whenever there was a request for any financial help for the Club Projects, he was the first to raise his hands. As President, whenever I had to handle difficult situations, I always depended heavily on Sajith. He was a person who could soften the stoniest of the hearts.

Even during his turbulent times when he was fighting with his disease, we could see in him the calmness and patience of a saint. I realized through him that the happiest of the people do not have everything, they just make the best of everything.

He left his deep footprints in his profession as well. He was the President of the Indian Dental Association, Nedumbassery Branch. I still recollect that colorful function, graced by the presence of many stalwarts, where he was installed as President. I was fortunate that I was also invited for that function to deliver felicitation on behalf of Rotary Club of Cochin Global.

Rotary was very dear to his heart, and no wonder he was so dear to all Rotarians. A simple, humble human being, he was a thorough gentleman, a gentleman of the first order. Every drop of blood that flowed in his veins was noble, every word was kind and every deed memorable.

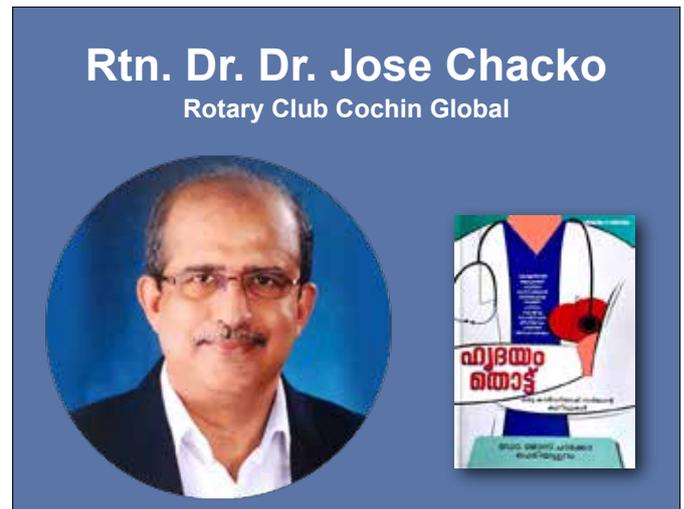
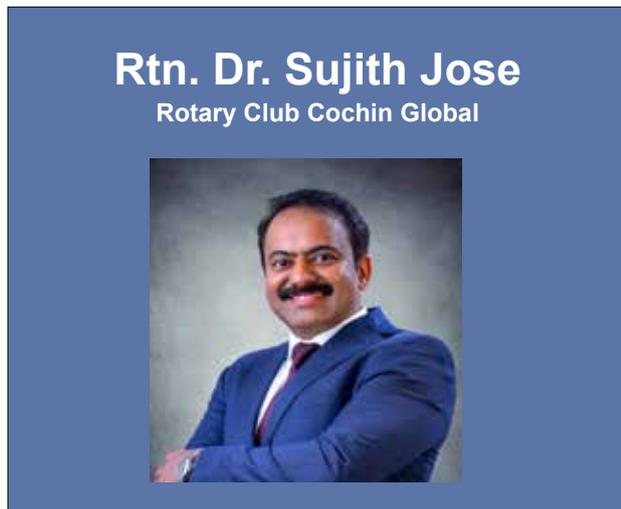
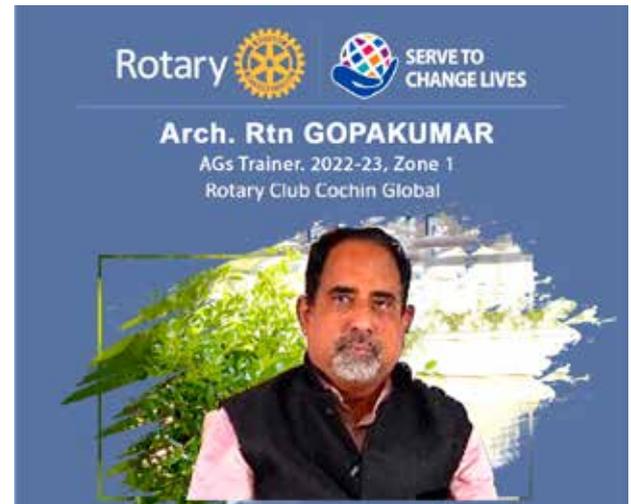
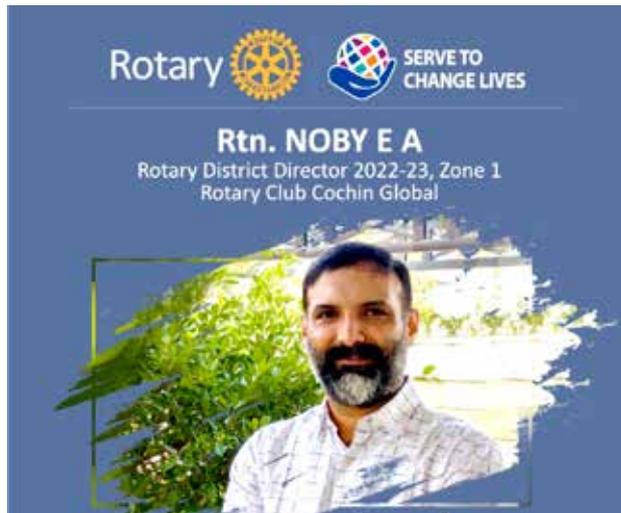
I join all members of Rotary Club of Cochin Global in paying tribute to this fine human being.....

Rtn. Thomson Thomas





ACHIEVEMENTS



- Elected Secretary of Association of Arthroscopy surgeons of Kerala.
- Invited Faculty for International Shoulder conference - Val d'isere advanced Shoulder course 2022
- Hon Secretary of Cochin Orthopaedic society 2021-23

- Life touching experiences of a doctor who made history by performing the first heart transplant in Kerala.
- Twenty-seven heart transplant surgeries. Twenty thousand heart surgeries
- Padmashree Honoured.
- With the heart touching lifestyles and experiences, Dr. Jose Chacko Periyapuram opens his heart in his book "Hridayam Thottu".

A Round of Applause

Club President Asha Sunil has shown leadership traits from a very young age as a Rotaract President back in St. Joseph's College, Alleppy. It truly goes to show that dedication and perseverance pays off, as she continues to inspire us.



Rotaract President Then



Rotary President Now

Club president Rtn. Asha Sunil was invited for a kick off campaign event on Menstrual Cups, organised by MP Hibi Eden. The event took place on the 6th of March at IMA House where a total of 1 lakh menstrual cups were distributed to spark a revolution in menstrual hygiene and awareness. It was truly an honour for Rtn. Asha along with 5 other delegates to participate in such a notable event.



I have always been an animal lover ..wait let me correct that and say dog lover



Having grown up with pets since a very young age and being brought up by a family that always had a dog was probably the reason why it was so.

Tikku was my first dog ..he was a handsome Pomeranian that my dad found on the streets and brought home. Call me crazy but he was literally like a younger brother to me .He lived a happy long life with us till he became old and the inevitable happened .I was around 17 and I couldn't bear the pain of his death that it crippled me . I swore that I would never get another dog because the pain of having them die was just too much for me to handle .My mom echoed the same thought .

Years later ,on 23rd December 2010 to be exact Amma and I changed our minds .Patchi came into our lives and with him he brought happiness and joy back into our lives and the previously forgotten feeling of what unconditional love felt like .He filled up my moms lonely life with more excitement than she could ask for and he became the centre of our world .

But Patchi did something else .He ignited in me a fire to want to help animals that needed it .Just that I dint know how .It wasn't long till I figured out how some external force just guides you to fulfill your true passions and desires even unknown to oneself at the beginning .

Around mid 2013 I happened to fall upon an article about how a poor dog was the cruel victim of an acid attack which left him in horrific conditions .A kind man named Pradeep had rescued him when a passerby in his desperate attempt to get the dog some help had googled to find an ngo for animals and found Pradeep's no and called to see if he could do something .

Pradeep immediately reached the location ,grabbed the dog writhing in pain and quickly took him to CPH.

His skin had peeled off exposing raw pink

flesh. Acid had burnt most parts of his body, including a patch on his face. Once somebody's pet, he had been reduced to a festering bundle of flesh and bones. For three days the dog lay at the spot on the Vyttila-Janata Road suffering excruciating pain.

The article went into details of the rescue

- When Pradip reached the spot, he was appalled. "Someone had thrown acid at him. The poor creature had suffered much more than what is



conceivable. He was in no shape to walk, but he was still battling for life. I put him in the back seat of my car and took him to the hospital," he says. It took about four hours for the doctors at the PET Hospital to clean him. But after treatment and intensive care, which spanned over 50 days, the dog regained his previous strength.

"He is now perfectly alright and is at the temporary shelter at the hospital. He can recognise my voice from a distance and it fills me up with so much joy. I have named him Ricci," says Pradip.

The article ended with a request for someone to come forward to adopt Ricci or even foster him as his hospital bill was already running into a huge amount and was getting beyond control.

And just like that without even expecting it my life was changed for a second time .I remember walking into

CPH to see Ricci and although all I wanted to do was enquiry about him and pay his hospital bill, I found myself enamoured by this dog .He had surely been through hell and back and while I was expecting to see a sad,lifeless animal lying on the floor , there he was standing in front of me with this geeky smile on his face ,barking at other dogs ,wagging his tail ,jumping up and down with a will not just survive but to live life full on making the most of whatever he had,no complains whatsoever .I could see how badly he was burnt and could only imagine how much it would hurt but his eyes spoke an altogether different story .in his eyes I saw happiness, hope, excitement and everything positive about life that one could feel .

At that moment I knew that he had me wrapped around his little burnt paw and to this date that's exactly where he has me .Ricci was truly the motivation i needed at that time .If he could survive his odds and smile through it so could anyone ..all you needed was to believe that you can .

Drawing inspiration from my own experience of rescuing an animal in need I decided to start my own NGO for animals in Cochin in 2015 called "HUMANITY FOR ANIMALS ".

Along with being a loud voice for the voiceless,for the last 7 years we have been rescuing and rehabilitating injured street animals and abandoned pets along with like minded people out there and hope to one day have our own shelter and a small medical unit to provide free care for such animals in need .

"The greatness of a Nation and its moral progress can be judged by the way its animals are treated "

– Ranjini Haridas

Our Visit to China...



Travel doesn't become an adventure, but mine turned out to be an adventure when we planned a trip to China. And of course

we were all excited to explore the place. Their culture, historical monuments and the thought of Chinese food excited us. We 10 of my family members started our journey from Cochin.

I can speak 10 languages. And I could easily handle Chinese as well. I work with the Indian government to translate Chinese when a need arise. So when our government knew about our visit to China, they informed Indian embassy to take care of us.

We traveled in China with all the protocols as I am having the position of UN Secretary General. Our Indian ambassador invited us for a special dinner where in a royal Chinese family were also invited. We usually travel in limousine but that day they sent a Royal limousine with Royal emblem.

With the presence of Royal family we dine in a luxurious 7 star hotel with Michelin chef. The presentation of each course was exquisite and classy. 2 courses got over and we truly enjoyed it. Then they announced that the most exclusive and expensive dish is coming. We were thrilled and couldn't wait a second.

The Micheline chef himself came n started serving the food. They served it in

a special platter and garnished decoratively. It looked absolutely divine. I was eagerly waiting for the start from royals. And then the turn was mine. They served it with much delight and satisfaction. I could not wait to indulge. But suddenly I felt a slight movement in the plate. I look around and my family members have a scary look on their face. I was confused. I started with a knife n fork, but to my utter shock the thing on the plate started to move. I was horrified and looked at the Indian ambassador. He was calm and happy. But by now I knew what was in the plate. It was nothing but a snake, half alive. With a shivering hands, I asked for help to my assistant. He told me to pour some boiled Sauce and burning ghee on it. I followed his instructions and the snake died immediately. Then he said now I can easily have it. But I must tell you it was really tasty, and I think everyone should try it atleast once. It seems alive ones are more tastier but one thing to be taken care is not to give chance to bite you. For that you need a little practice.

We thanked them for that delicious party, especially for the Royal highness and returned to our hotel . We returned back to our own india with so many good memories.

This is a tall tale. It means is a story with unbelievable elements, related as if it were true and factual. Some tall tales are exaggerations of actual events. Hope you enjoyed reading my Tall tale.

– Sajitha Sebastian

ANNETS WALL

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D I G I T A L A R T

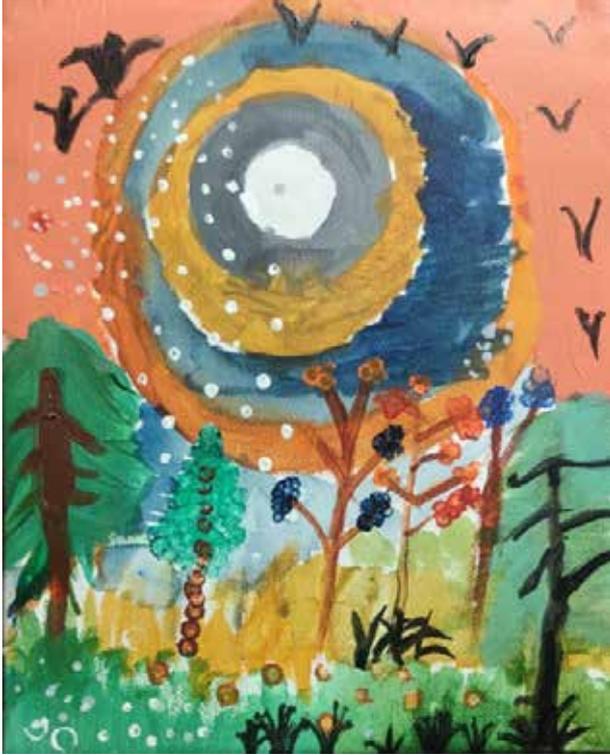


Elvin Aby, S/o Rtn. Aby & Smitha

ANNETS WALL

ENCHANTING SUNSET

(in acrylic medium)



Erin Maria John, D/o Rtn. Dr. John Thayyil & Beny
Class : 10

FREE FALL PROSE

FOUND LOST

Having a hot cup of coffee on a cold winter morning,
I walk upon polished marble, the cup falls and cracks,
I bend down, I look up into the dark sky to see the sun
shining bright,
Soon the bright blue drops reach the dark green leaves.

I hear the sound of fireworks but only know that it was
something I was not looking forward to,
In no time the smell of ashes replace the strong caffeine.

I am now surrounded by black air but could see the blazing
orange flames clearly.
I can feel the heat on me and I quickly fall asleep to wake up
as a new me.

And lo, a door in front of me.
I close it behind to a whole new world.



Ailin Suzan, D/o Rtn. Dr. John Thayyil & Beny
Class : 8



WE ARE STRONGER TOGETHER